

Skinny Burrito 3.49 Egg white and turkey breakfast burrito with spinach, peppers, onions and avocado.

A croissant sandwich with a fried egg, bacon and American cheese. No substitutions on Express items.

Sausage, Egg & Cheese Biscuit 3.49 A biscuit sandwich with a fried egg, sausage, and American cheese. No substitutions on

Express items. Featured Item Sweet Potato Chorizo Tacos

Street taco with sweet potato and kale hash, egg, queso fresco and guajillo sauce A la Carte Items

You can order an egg or egg whites and have it cooked to your liking. If you have special requests, let the chef know.

Egg Made to Order 1.09

Scrambled Egg 1.09

Hash Browns 1.69 You can order an egg or egg whites and have it cooked to your liking. If you have special

requests, let the chef know.

Pancake 1.09 A single fluffy buttermilk pancake. THIS ITEM CONTAINS: EGG, WHEAT, DAIRY

Bacon 0.79

Single slice of fresh cooked smoky bacon. Turkey Bacon 0.79 Single slice of fresh cooked smoky turkey bacon.

Pork Sausage Patty 1.25

Turkey Sausage Links 1.39 Two turkey sausage links per order. Biscuit 0.99

2oz pork sausage patty cooked fresh daily

Single freshly baked biscuit.

Biscuit & Gravy 2.19 One Warm Biscuit Baked daily with Country Sausage Gravy over the top. THIS ITEM CONTAINS: DAIRY, WHEAT Toast Slice 0.59

Farm to market white or wheat bread toasted to order. THIS ITEM CONTAINS: WHEAT, DAIRY Hot Cereal – Oatmeal 2.49

CONTAINS: EGG, DAIRY, WHEAT

Fresh Blueberry Muffin 2.49

Hamburger 6.29

up your burger just the way you like it.

Grilled Chicken Sandwich 5.79

Fried Chicken Sandwich 5.89

bun with your choice of toppings

your choice of toppings.

**Turkey Burger 5.59** 

**Beyond Burger 6.29** 

All Beef Hot Dog 3.99

choice of dipping sauces

Grilled Seasonal Vegetable 2.19

A fresh house baked blueberry muffin.

Traditional Quaker Oatmeal made fresh daily topped with your choice of butter, brown sugar, raisins, dried cranberries or sliced almonds. Hot Cereal – Sunrise Blend 2.99 Fresh Fruit Cup 2.99

Fresh seasonal cut fruit such as Honeydew melon, cantaloupe, golden pineapple, red and green seedless grapes and fresh strawberries. Cinnamon Roll 2.49

Fresh Whole Fruit 0.99 Single Piece of fresh whole fruit. Bananas, Apples, and Oranges Build your own Breakfast Sandwich 3.65 Breakfast Sandwich made to order with your choice of breakfast meats on fresh breakfast

Sweet bread rolled with brown sugar and cinnamon and drizzled with glaze. THIS ITEM

Warm Chocolate Croissant 2.49 Flaky croissant dough filled with rich chocolate. THIS ITEM CONTAINS: DAIRY, WHEAT, EGG, SOY, TREE NUTS

breads. THIS ITEM CONTAINS: EGG, DAIRY, WHEAT

Fresh Angus Beef grilled to perfection. Includes a choice of hot and cold toppings to load

A Coleman Organic Chicken breast marinated, grilled and served on a toasted bun with

A Coleman Organic Chicken breast marinated in buttermilk, hand breaded and fried

fresh. Served on a toasted bun with your choice of toppings.

Nathan's Famous premium, 100% beef jumbo hot dog

A meatless option served grilled to perfection on a Whole wheat bun with leaf lettuce, tomato and red onion. THIS ITEM CONTAINS: WHEAT, SOY Beyond Burger Salad Bowl 6.29 Crisp romaine, tomatoes, cucumbers, red onions, a freshly grilled beyond burger patty. THIS ITEM CONTAINS: SOY

A lighter choice from the grill, a white, all Natural, ground turkey patty on a farm to market

Fried Chicken Tenders 5.59 Coleman Organic Chicken Tenders marinated in buttermilk, hand breaded and fried fresh. Served with your choice of dipping sauces. **Grilled Chicken Tender 5.49** Coleman Organic Chicken Tenders lightly seasoned & grilled fresh. Served with your

An order of a squash medley consisting of Yellow Squash and Zucchini, lightly seasoned

roasted red peppers, tomatoes, spinach, red onion and feta cheese - toasted! THIS ITEM CONTAINS: SOY, WHEAT, DAIRY Ken's Italian Original Hoagie 6.29 A fresh hoagie bun stuffed with pepperoni, peppered bacon, salami, pastrami, havarti cheese, balsamic onions, tomatoes, bell peppers, dried oregano, red wine vinaigrette finished with a drizzle of olive oil! THIS ITEM CONTAINS: WHEAT, SOY, DAIRY

**BYO Sandwich 6.29** Farm to market bread or tortilla, fresh meats, and veggie choices to create your perfect sandwich. THIS ITEM MAY CONTAIN: DAIRY, WHEAT, EĞĞ, SOY Cerner Signature Club 5.89 Roasted furkey and peppered bacon on grains galore bread, with Dijon mustard, sliced

Large chipotle tortilla filled with grilled chicken breast, Buffalo Sauce, Ranch dressing, shredded lettuce, sliced onion and parmesan cheese. THIS ITEM CONTAINS: DAIRY, SOY,

Fresh tuna salad made with White Albacore Tuna, shallots, pickle relish, parsley, dill and lemon with just the right amount light mayo and mustard. THIS ITEM CONTAINS: SEAFOOD,

Poached chicken tenders in a light creamy dressing with celery, onion, chives, relish,

Build your own wrap from our fresh ingredients or a house favorite such as a Chicken Caesar or Hummus & Veggie Wrap. THIS ITEM MAY CONTAIN: WHEAT, DAIRY, EGG, SOY

Fresh house made crispy potato chips with your choice of seasoning blends. THIS ITEM

thyme, shallots and pecans on choice of farm to market bread or tortilla.

tomato, leaf lettuce, Smoked tomato Aioli, and Tillamook cheddar cheese.

Small side of Garlic Butter Dipping Sauce OR House Marinara.

**Bread Stick 0.59** 

A warm breadstick from Novita

Garlic Butter / Marinara 0.29

**Deli Sandwiches** 

**Buffalo Chicken Wrap 5.69** 

EGG. WHEAT

Tuna Salad 5.19

Chicken Salad 5.19

**House Made Chips 1.69** 

Pico de gallo Grilled Chicken Salad

**Build Your Own Salad 7.99** 

diced turkey, ham or tofu.

South of the Border Salad 5.99

Protein in the Side 3.99

just on its own.

BYO Wrap 6.29

CONTAINS: SOY

Deli Pick (2) 6.29 Half of any sandwich with a choice of small salad, soup or fruit parfait.

Featured Item Chef's Weekly

Grilled chicken breast tossed with fresh tomatoes, red onions, jalapenos, cilantro, & fresh

Build your own salad from our selection of fresh vegetables, fruits, lettuces, cheeses and

Get a side of our fresh grilled or seared proteins. A great way to bulk up a small salad or

Romaine lettuce, roasted sweet corn, black beans, cheddar cheese, cherry tomatoes, crispy tortilla strips and Jalapeno Ranch Dressing. THIS ITEM CONTAINS: DAIRY, SOY, EGG

lime with fresh spring greens. THIS ITEM CONTAINS: NO ALLERGENS

Mykonos Bowl (Vegan) 5.99 Spinach, spring mix, Jasmine rice, garbanzo beans, Kalamata olives, and sun dried tomatoes tossed with house made Basil vinaigrette. Golden Salad 5.99 Baby spinach, golden beets, dried apricots, strawberries, quinoa and toasted almonds tossed with house made poppy seed dressing. THIS ITEM CONTAINS: TREE NUTS, SOY Tossed Cobb Salad 6.29 Fresh cut Romaine with smoked ham, hardboiled egg, blue cheese, grape tomato, bacon and blue cheese dressing. Classic Caesar Salad 6.25 Fresh cut romaine with shredded parmesan, house made croutons, and Caesar dressing. GG Pick (2) 6.29 Enjoy one of our salads with a half sandwich or cup of fresh made soup. Small Green Side Salad 1.99 Small side salad from the salad bar. Your choice of lettuce and 3 veggie toppings. Soup of the Week 3.29 Black Bean Soup PANGEA

"The Right Choice" Thyme Pork Chop & Pineapple Skillet 6.50

and a green beans. THIS ITEM CONTAINS: SOY

General Tso's Chicken

Crab Rangoon 1.89

Chicken Egg Roll 1.89

Sriracha Fried Rice with Chicken

CONTAINS: EGGS, SOY, WHEAT

**Wok Tossed Green Beans 1.89** 

Steamed Brown Rice 1.89

Veggie Spring Roll 1.89

EGGS, SOY, WHEAT

Steamed Jasmine Rice 1.89

Slow roasted pork and pineapple with fresh thyme teams with a side of blistered tomatoes

Crispy fried egg roll filled with chicken, cabbage, carrots and seasonings. THIS ITEM

Crispy fried egg roll filled with cabbage, carrots and seasonings. THIS ITEM CONTAINS:



**Ready Now Items** All American Breakfast 4.99 Express breakfast special that includes 2 scrambled eggs, 2 slices of bacon and an order of hash browns. No Substitutions on Express items. Bacon, Egg & Cheese Croissant 3.49