

connections breakfast

Featured Item
Ham & Swiss Soufflé Egg custard baked in puff pastry w/ ham, swiss, and parmesan.

Ready Now Items

All American Breakfast 4.99
Express breakfast special that includes 2 scrambled eggs, 2 slices of bacon and an order of hash browns. No Substitutions on Express items.

Skinny Burrito 3.49
Egg white and turkey breakfast burrito with spinach, peppers, onions and avocado.

Bacon, Egg & Cheese Croissant 3.49
A croissant sandwich with a fried egg, bacon and American cheese. No substitutions on Express items.

Sausage, Egg & Cheese Biscuit 3.49
A biscuit sandwich with a fried egg, sausage, and American cheese. No substitutions on Express items.

A la Carte Items

Donut

Egg Made to Order 1.09
You can order an egg or egg whites and have it cooked to your liking. If you have special requests, let the chef know.

Scrambled Egg 1.09

Hash Browns 1.69
You can order an egg or egg whites and have it cooked to your liking. If you have special requests, let the chef know.

Pancake 1.09
A single fluffy buttermilk pancake. THIS ITEM CONTAINS: EGG, WHEAT, DAIRY

Bacon 0.79
Single slice of fresh cooked smoky bacon.

Turkey Bacon 0.79
Single slice of fresh cooked smoky turkey bacon.

Pork Sausage Patty 1.25
2oz pork sausage patty cooked fresh daily

Turkey Sausage Links 1.39
Two turkey sausage links per order.

Biscuit 0.99
Single freshly baked biscuit.

Biscuit & Gravy 2.19
One Warm Biscuit Baked daily with Country Sausage Gravy over the top. THIS ITEM CONTAINS: DAIRY, WHEAT

Toast Slice 0.59
Farm to market white or wheat bread toasted to order. THIS ITEM CONTAINS: WHEAT, DAIRY

Omelet Made to Order 4.49

Hot Cereal – Oatmeal 2.49
Traditional Quaker Oatmeal made fresh daily topped with your choice of butter, brown sugar, raisins, dried cranberries or sliced almonds.

Hot Cereal – Sunrise Blend 2.99

Fresh Fruit Cup 2.99
Fresh seasonal cut fruit such as Honeydew melon, cantaloupe, golden pineapple, red and green seedless grapes and fresh strawberries.

Fruit and Yogurt Parfait 2.99

Cinnamon Roll 2.49
Sweet bread rolled with brown sugar and cinnamon and drizzled with glaze. THIS ITEM CONTAINS: DAIRY, WHEAT

Fresh Whole Fruit 0.99
Single Piece of fresh whole fruit. Bananas, Apples, and Oranges

Build your own Breakfast Sandwich 3.65
Breakfast Sandwich made to order with your choice of breakfast meats on fresh breakfast breads. THIS ITEM CONTAINS: EGG, DAIRY, WHEAT

Fresh Blueberry Muffin 2.49
A fresh house baked blueberry muffin.

Warm Chocolate Croissant 2.49
Flaky croissant dough filled with rich chocolate. THIS ITEM CONTAINS: DAIRY, WHEAT, EGG, SOY, TREE NUTS

FOUNDERS Grill

Hamburger 6.29
Fresh Angus Beef grilled to perfection. Includes a choice of hot and cold toppings to load up your burger just the way you like it.

Burger Feature of the week
Black n' Bleu Burger

Go Life Side
Broccoli & Snow peas

Grilled Chicken Sandwich 5.79
A Coleman Organic Chicken breast marinated, grilled and served on a toasted bun with your choice of toppings.

Fried Chicken Sandwich 5.89
A Coleman Organic Chicken breast marinated in buttermilk, hand breaded and fried fresh. Served on a toasted bun with your choice of toppings.

Turkey Burger 5.59
A lighter choice from the grill, a white, all Natural, ground turkey patty on a farm to market bun with your choice of toppings

Beyond Burger 6.29
A meatless option served grilled to perfection on a Whole wheat bun with leaf lettuce, tomato and red onion. THIS ITEM CONTAINS: WHEAT, SOY

Beyond Burger Salad Bowl 6.29
Crisp romaine, tomatoes, cucumbers, red onions, a freshly grilled beyond burger patty. THIS ITEM CONTAINS: SOY

All Beef Hot Dog 3.99
Nathan's Famous premium, 100% beef jumbo hot dog

Ham and Swiss 4.99

Turkey and Cheddar 4.99

Grilled Cheese Sandwich 2.99

Fried Chicken Tenders 5.59
Coleman Organic Chicken Tenders marinated in buttermilk, hand breaded and fried fresh. Served with your choice of dipping sauces.

Grilled Chicken Tender 5.49
Coleman Organic Chicken Tenders lightly seasoned & grilled fresh. Served with your choice of dipping sauce

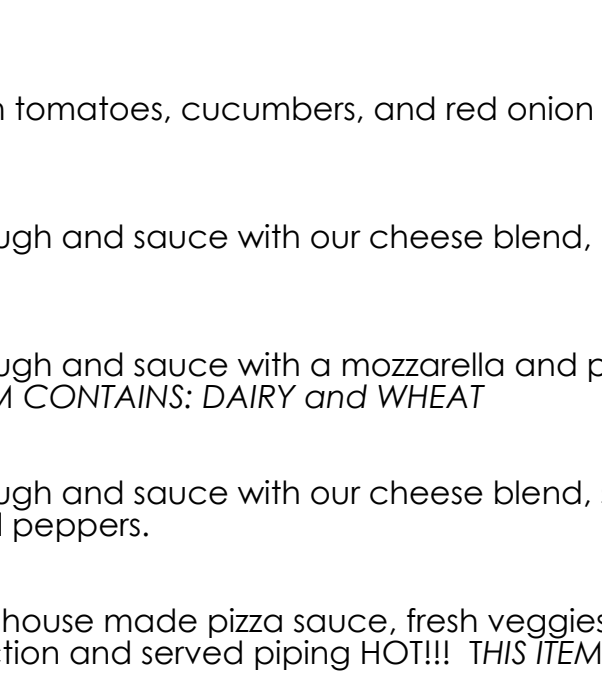
Grilled Seasonal Vegetable 2.19
An order of a squash medley consisting of Yellow Squash and Zucchini, lightly seasoned and grilled.

French Fries 2.09
Natural Cut potatoes fried to a golden crisp and tossed in a house seasoning.

Sweet Potato Tots 1.99
A twist on the classic tater tot using sweet potato. Fried crispy and golden brown.

Onion Rings 2.99
Fresh cut onions breaded and fried to golden perfection.

12 oz. can of Soda 0.99



Caesar Salad 1.89
Fresh Tossed Caesar Salad with crisp Romaine lettuce, Parmesan cheese and house made croutons.

House Salad 1.89
A small salad topped with tomatoes, cucumbers, and red onion with side of Italian dressing.

Meat Lovers Pizza 6.29
Novita's house recipe dough and sauce with our cheese blend, Italian Sausage, Pepperoni and Pancetta.

Cheese Pizza 4.99
Novita's house recipe dough and sauce with a mozzarella and provolone cheese blend made fresh daily. THIS ITEM CONTAINS: DAIRY and WHEAT

Supreme Pizza 6.19
Novita's house recipe dough and sauce with our cheese blend, sausage, pepperoni, olives, red onions and bell peppers.

Veg OUT Pizza 6.19
Fresh dough topped with house made pizza sauce, fresh veggies and creamy mozzarella cheese - baked to perfection and served piping HOT!!! THIS ITEM CONTAINS: WHEAT, DAIRY, SOY

Pepperoni Pizza 5.99
Novita's house recipe dough and sauce with our mozzarella and provolone cheese blend and pepperoni.

Weekly Calzone Feature

Weekly Pizza Feature
Krusty Crab Pizza - Crab ragoon inspired w/ sweet and sour sauce

Bread Stick 0.59
A warm breadstick from Novita

Garlic Butter / Marinara 0.29
Small side of Garlic Butter Dipping Sauce OR House Marinara.

Fruit Cup 2.99

Baked Pasta Entrée / Feature

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BUTCHER

BYO Sandwich 6.29
Farm to market bread or tortilla, fresh meats, and veggie choices to create your perfect sandwich. THIS ITEM MAY CONTAIN: DAIRY, WHEAT, EGG, SOY

Soup of the Week 3.29
Hungarian Mushroom Soup

Hot Carved Feature

Cold Deli Feature

Carner Signature Club 5.89
Roasted turkey and peppered bacon on grains galore bread, with Dijon mustard, sliced tomato, leaf lettuce, Smoked tomato Aioli, and Tillamook cheddar cheese.

Buffalo Chicken Wrap 5.69
Large chipotle tortilla filled with grilled chicken breast, Buffalo Sauce, Ranch dressing, shredded lettuce, sliced onion and parmesan cheese. THIS ITEM CONTAINS: DAIRY, SOY, EGG, WHEAT

Tuna Salad 5.19
Fresh tuna salad made with White Albacore Tuna, shallots, pickle relish, parsley, dill and lemon with just the right amount light mayo and mustard. THIS ITEM CONTAINS: SEAFOOD, SOY, EGG

Chicken Salad 5.19
Poached chicken tenders in a light creamy dressing with celery, onion, chives, relish, thyme, shallots and pecans on choice of farm to market bread or tortilla.

Chickpea & Sunflower Salad (vegan)

BYO Wrap 6.29
Build your own wrap from our fresh ingredients or a house favorite such as a Chicken Caesar or Hummus & Veggie Wrap. THIS ITEM MAY CONTAIN: WHEAT, DAIRY, EGG, SOY

House Made Chips 1.69
Novita's house made crispy potato chips with your choice of seasoning blends. THIS ITEM CONTAINS: SOY

Deli Pick (2) 6.29
Half of any sandwich with a choice of small salad, soup or fruit parfait.

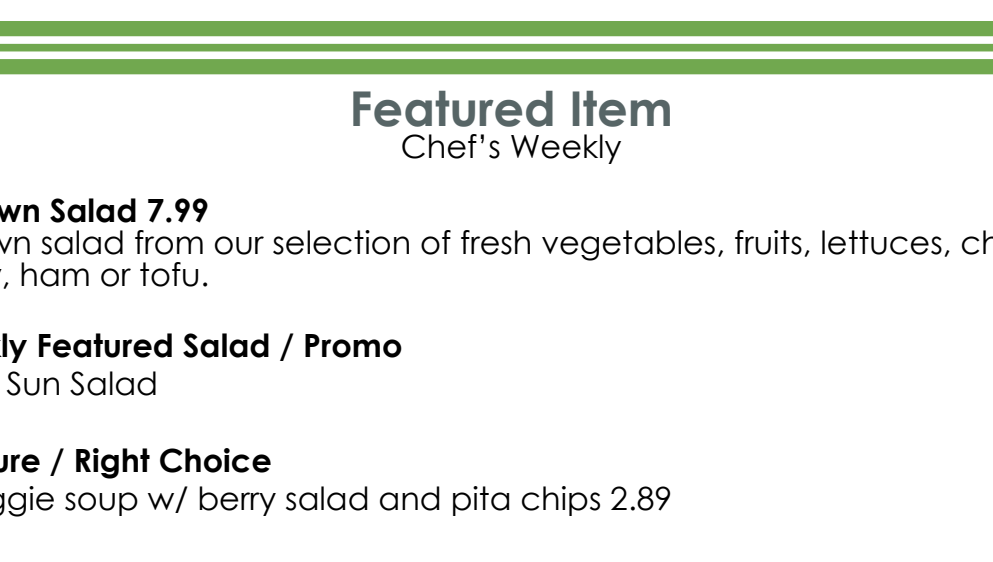
Yogurt Parfait 2.99

Small Green Side Salad 1.89

Whole Fruit .99

12.oz soda .99

Dessert - in house selections



Featured Item

Chef's Weekly

Build Your Own Salad 7.99
Build your own salad from our selection of fresh vegetables, fruits, lettuces, cheeses and diced turkey, ham or tofu.

Chef's Weekly Featured Salad / Promo
Cheff the \$un Salad

Go Life Feature / Right Choice
Summer Veggie soup w/ berry salad and pita chips 2.89

Protein in the Side 3.99
Get a side of our fresh grilled or seared proteins. A great way to bulk up a small salad or just on its own.

South of the Border Salad 5.99
Romaine lettuce, roasted sweet corn, black beans, cheddar cheese, cherry tomatoes, crispy tortilla strips and Jalapeno Ranch Dressing. THIS ITEM CONTAINS: DAIRY, SOY, EGG

Mykonos Bowl (Vegan) 5.99
Spinach, spring mix, Jasmine rice, garbanzo beans, Kalamata olives, and sun dried tomatoes tossed with house made Basil vinaigrette.

Golden Salad 5.99
Baby spinach, golden beets, dried apricots, strawberries, quinoa and toasted almonds tossed with house made popy seed dressing. THIS ITEM CONTAINS: TREE NUTS, SOY

Tossed Cobb Salad 6.29
Fresh cut Romaine with smoked ham, hardboiled egg, blue cheese, grape tomato, bacon and blue cheese dressing.

Classic Caesar Salad 6.25
Fresh cut romaine with shredded parmesan, house made croutons, and Caesar dressing.

GG Pick (2) 6.29
Enjoy one of our salads with a half sandwich or cup of fresh made soup.

Small Green Side Salad 1.99
Small side salad from the salad bar. Your choice of lettuce and 3 veggie toppings.

Fresh Fruit Cup 2.99

Yogurt Parfait 2.99

Soup of the Week 3.29
Black Bean Soup

PANGEA

Asian Entrée Feature 6.50
Mongolian Beef

Asian Entrée Feature 6.50

Asian Rice Side

Asian Noodle Side

Crab Ragoon 1.89

Pork Dumpling 1.89

Wok Tossed Vegetable 1.89

Steamed Brown Rice 1.89

Jasmine Rice 1.89

Mini Vegetable Spring Roll 1.89

Eggroll (chicken, Veg, Pork) 1.89

International Entrée Feature

International Entrée Feature

Side dish feature

Side dish feature

3 SISTERS TEX MEX

Enchilada Feature w/ rice & beans 6.49 - 6.79
Pulled Pork and squash Enchilada topped with shredded cheese, cilantro and Cojita in a chipotle sauce. Served w/ rice, beans.

Quesadilla or Regional Feature 5.49

BYO Chicken Burrito 6.49

BYO Beef Burrito (barbacola) 6.95

BYO Pork Burrito (Carnita) 6.89

BYO Vegetarian (Sofrita Tofu) 6.49

Burrito Bowl Chicken 6.49

Burrito Bowl Beef (barbacola) 6.95

Burrito Bowl Pork (Carnita) 6.89

Burrito Bowl Vegetarian (Sofrita Tofu) 6.49

Salad Chicken 6.49

Salad Beef (barbacola) 6.95

Salad Pork (Carnita) 6.89

Salad Tofu 6.49

Cheese Quesadilla 4.99

Chicken Quesadilla 5.55

Pork Quesadilla 5.55

Black bean & Corn Quesadilla 5.55

Taco Chicken

Taco (barbacola)

Taco Pork (carnita)

Taco Vegetarian (Sofrita tofu)

Roasted Cheesy Green Chili Cauliflower 1.99

Spanish Rice 1.89

Refried Beans (vegetarian) 1.89

Chips and Guacamole 3.49

Chips and Warm Queso 3.49

Chips and Salsa 2.49