



ALL AMERICAN BREAKFAST

\$4.99

Express breakfast special that includes 2 scrambled eggs, 2 slices of bacon and an order of hash browns. No Substitutions on Express items.

SKINNY BURRITO

\$3.49

Egg white and turkey breakfast burrito with spinach, peppers, onions and avocado.

BACON, EGG & CHEESE CROISSANT

\$3.49

A croissant sandwich with a fried egg, bacon and American cheese. No substitutions on Express items.

SAUSAGE, EGG & CHEESE BISCUIT

\$3.49

\$1.99

A biscuit sandwich with a fried egg, sausage, and American cheese. No substitutions on Express items.

Small Coffee

32oz Coffee \$2.49



A la Carte Breakfast

EGG MADE TO ORDER

\$1.09

You can order an egg or egg whites and have it cooked to your liking. If you have special requests, let the chef know.

SCRAMBLED EGG

\$1.09

A single, freshly scrambled egg

HASH BROWNS

\$1.69

Shredded potatoes lightly seasoned and grilled until golden brown

PANCAKE

\$1.09

A single fluffy buttermilk pancake. CONTAINS: EGG, WHEAT, DAIRY

BACON

\$0.79

Single slice of fresh cooked smoky bacon.

TURKEY BACON

\$0.79

Single slice of fresh cooked smoky turkey bacon.

PORK SAUSAGE PATTY

\$1.25

2oz pork sausage patty cooked fresh daily

TURKEY SAUSAGE LINKS (2)

\$1.39

Two turkey sausage links per order.

BISCUIT

\$0.99

A freshly baked biscuit.

BISCUIT & GRAVY

\$2.19

One Warm Biscuit Baked daily with Country Sausage Gravy over the top.

CONTAINS: DAIRY, WHEAT



A la Carte Breakfast

TOAST SLICE \$0.59

Farm to market white or wheat bread toasted to order.

CONTAINS: WHEAT, DAIRY

BYO OMELET \$4.49

Fresh eggs and all the delicious fixings to allow you to create the perfect omelet to start your day.

CONTAINS: EGG, DAIRY

HOT CEREAL - STEEL CUT OATMEAL \$2.49

House made Oatmeal made fresh daily topped with your choice of butter, brown sugar, raisins, dried

cranberries or sliced almonds.

HOT CEREAL - SUNRISE BLEND \$2.49

A tasty combination of kamut, buckwheat groats, red rice, whole grain quinoa flakes and flax seed.

CONTAINS WHEAT, DAIRY, TREE NUTS, SOY

BUILD YOUR OWN BREAKFAST SANDWICH \$3.65

Breakfast Sandwich made to order with your choice of breakfast meats on fresh breakfast breads.

THIS ITEM CONTAINS: EGG, DAIRY, WHEAT



Coffee Shop Breakfast

FRESH FRUIT CUP

\$2.99

Fresh seasonal cut fruit such as Honeydew melon, cantaloupe, golden pineapple, red and green seedless grapes and fresh strawberries.

BAGEL

\$1.79

Assorted fresh bagels, split and toasted, Cream Cheese on the side

CINNAMON ROLL

\$2.49

Warm Cinnamon roll swirled w/ cream cheese icing.

THIS ITEM CONTAINS: EGG, DAIRY, WHEAT

FRESH WHOLE FRUIT

\$0.99

Single Piece of fresh whole fruit. Bananas, Apples, and Oranges

FRESH BLUEBERRY MUFFIN

\$2.49

A fresh house baked blueberry muffin.

WARM CHOCOLATE CROISSANT

\$2.49

Flaky croissant dough filled with rich chocolate. CONTAINS: DAIRY, WHEAT, EGG, SOY, TREE NUTS





BEEF CHEESESTEAK

\$4.95

Seasoned grilled beef on a hoagie with cheese.

CHICKEN CHEESESTEAK

\$4.25

Seasoned grilled chicken on a hoagie with cheese.

HAMBURGER

\$6.29

Fresh Angus Beef grilled to perfection. Includes a choice of hot and cold toppings to load up your burger just the way you like it.

GRILLED CHICKEN SANDWICH

\$5.79

An organic chicken breast marinated, grilled and served on a toasted bun with your choice of toppings.

TURKEY BURGER

\$5.59

A lighter choice from the grill, a white, all natural, ground turkey patty on a bun with your choice of toppings.

BEYOND BURGER

\$6.29

A meatless option served grilled to perfection on a whole wheat bun with leaf lettuce, tomato and red onion. THIS ITEM CONTAINS: WHEAT, SOY

ALL BEEF HOT DOG

\$3.90

Nathan's Famous premium, 100% beef jumbo hot dog

FRIED CHICKEN TENDERS (3 EA)

\$5.59

Chicken Tenders marinated in buttermilk, hand breaded and fried fresh. Served with your choice of dipping sauces.

GRILLED CHICKEN TENDER (3 EA)

\$5.49

Fresh Chicken Tenders lightly seasoned & grilled fresh. Served with your choice of dipping sauces

GRILLED SEASONAL VEGETABLE

\$2.19

An order of a squash medley consisting of Yellow Squash and Zucchini, lightly seasoned and grilled.

FRENCH FRIES

\$2.09

Natural cut potatoes fried to a golden crisp and tossed in a house seasoning.





BYO SANDWICH

\$6.29

Locally baked bread or tortilla, fresh meats, and veggie choices to create your perfect sandwich. THIS ITEM MAY CONTAIN: DAIRY, WHEAT, EGG, SOY Please ensure modifiers only allow for one selection per category

CERNER SIGNATURE CLUB

\$5.89

Roasted turkey and peppered bacon on grains galore bread, with Dijon mustard, sliced tomato, leaf lettuce, Smoked tomato Aioli, and Tillamook cheddar cheese.

BUFFALO CHICKEN WRAP

\$5.69

Large chipotle tortilla filled with grilled chicken breast, Buffalo Sauce, Ranch dressing, shredded lettuce, sliced onion and parmesan cheese. THIS ITEM CONTAINS: DAIRY, SOY, EGG, WHEAT

TUNA SALAD

\$5.19

Fresh tuna salad made with White Albacore Tuna, shallots, pickle relish, parsley, dill and lemon with just the right amount light mayo and mustard. THIS ITEM CONTAINS: SEAFOOD, SOY, EGG

CHICKEN SALAD

\$5.19

Poached chicken tenders in a light creamy dressing with celery, onion, chives, relish, thyme, shallots and pecans on choice of farm to market bread or tortilla.

BYO WRAP

\$6.29

Build your own wrap from our fresh ingredients or a house favorite such as a Chicken Caesar or Hummus & Veggie Wrap. THIS ITEM MAY CONTAIN: WHEAT, DAIRY, EGG, SOY Please ensure modifiers only allow for one selection per category

KEN'S ITALIAN ORIGINAL HOAGIE

\$6.29

A fresh hoagie bun stuffed with pepperoni, peppered bacon, salami, pastrami, havarti cheese, balsamic onions, tomatoes, bell peppers, salt, pepper, oregano, red wine vinaigrette and finished with a drizzle of olive oil! THIS ITEM CONTAINS: WHEAT, SOY, DAIRY

HOUSE MADE CHIPS

\$1.69

Fresh house made crispy potato chips with your choice of seasoning blends. THIS ITEM CONTAINS: SOY

DELI PICK 2

\$6.29

Half of any sandwich with a choice of small salad, soup or fruit parfait.

CUP OF SOUP \$3.29

HOUSE ASSORTED DESSERT

\$1.99



Go Lite w/ the Right Choice (below) \$6

WEIGH YOUR OWN SALAD

\$ TBA PER OZ.

Build and weigh your own salad from our selection of fresh vegetables, fruits, lettuces, cheeses and other fun toppings and proteins.

PROTEIN IN THE SIDE

\$3.99

4oz of our fresh grilled or seared proteins. A great way to bulk up a small salad or just on its own.

SALAD & SOUP

\$6.29

Enjoy one of our salads with a cup of freshly made soup.

SOUP OF THE WEEK

\$3.29



PANGEA

CHEESE PIZZA BY THE SLICE \$2.65

Mozzerella, Provolone, Tillamook white cheddar

VEG OUT \$2.75

Spinach, tomatoes, peppers, onions, mushrooms, olives

PEPPERONI \$2.75

Wilsons Cured pepperoni

MONGOLIAN BEEF \$5.29 (WK FEATURE)

PAD THAI \$5.29 (FEATURE)

CRAB RANGOON (3EA) \$1.89

CHICKEN EGG ROLL (1) \$1.89

1ea Crispy fried egg roll filled with chicken, cabbage, carrots and seasonings.

CONTAINS: EGGS, SOY, WHEAT

WOK TOSSED GREEN BEANS \$1.89

STEAMED BROWN RICE \$1.89

STEAMED JASMINE RICE \$1.89

VEGGIE SPRING ROLL (4) \$1.89

Crispy fried egg roll filled with cabbage, carrots and seasonings.

CONTAINS: EGGS, SOY, WHEAT

PORK DUMPLINGS (4) \$1.89

Steamed and lightly seared

MEATBALL SUB \$5.79

Classic Meatball sub w/ Italian style beef & chicken meatballs, house marinara, and melted

mozzarella

CONTAINS: DAIRY, SOY, EGG, WHEAT

BREAD STICK \$0.59

A warm breadstick from Novita

GARLIC BUTTER / MARINARA \$0.29

Small side of Garlic Butter Dipping Sauce OR House Marinara.